



NEWTON FOOD PANTRY

LIST OF MOST NEEDED ITEMS

While we welcome all contributions, the list below represents what we need. We thank you for shopping for these items

FOOD ITEMS:

Cereal
Dried Beans
Shelf Safe Milk
Canned Chicken
Cooking Oil
Spices
Soy Sauce
Canned Salmon
Canned Beets
Canned pineapple
Canned mandarin oranges
Rice noodles, Soba noodles
Ground coffee, tea
Hearty soup
Healthy Snacks (e.g. crackers, granola bars)

NON-FOOD ITEMS:

Deodorant
Laundry Detergent (small and medium only)
Dish Soap
Household Cleaner
Sponges
Sanitary Napkins (not tampons)
Body Lotion
Sunscreen
Conditioner
Toothpaste
Diapers and baby wipes
Any other Personal Care Products (shampoo, shaving cream, razors, etc.)

- *Please no candy, chips, soda, or sugary drinks*
- ***We welcome no salt or low sodium items***
- *Please NO Travel Size or Oversized Items.*
- *All items must be unopened and within expiration dates*