



NEWTON FOOD PANTRY

LIST OF MOST NEEDED ITEMS

While we welcome all contributions, the list below represents what we need. We thank you for shopping for these items

FOOD ITEMS:

Cereal
Shelf Safe Milk
Cooking Oil
Spices
Soy Sauce
Canned Salmon
Canned Beets
Canned pineapple
Canned mandarin oranges
Canned vegetables
Ground coffee
Hearty soup
Dried Beans (e.g. lentils)
Healthy Snacks (e.g. crackers)

- *Please no candy, chips, soda, or sugary drinks*
- *We welcome no salt or low sodium items*
- *Please NO Travel Size or Oversized Items.*
- *All items must be unopened and within expiration dates*

NON-FOOD ITEMS:

Shampoo
Laundry Detergent (small and medium only)
Dish Soap
Household Cleaner
Sponges
Sanitary Napkins (not tampons)
Body Lotion
Sunscreen
Conditioner
Toothpaste and toothbrushes
Any other Personal Care Products (deodorant, shaving cream, razors, etc.)

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